



ANNUAL REPORT 2023

TPO CAMBODIA



VISION

CAMBODIAN PEOPLE LIVE WITH GOOD MENTAL HEALTH AND ACHIEVE A SATISFACTORY QUALITY OF LIFE.

MISSION

TO IMPROVE THE WELL-BEING OF CAMBODIAN PEOPLE WITH PSYCHOSOCIAL AND MENTAL HEALTH PROBLEMS, THEREBY INCREASING THEIR ABILITY TO FUNCTION EFFECTIVELY WITHIN THEIR WORK, FAMILY AND COMMUNITIES.

VALUE

**TPO PEOPLE ARE PROFESSIONAL, COMMITTED, AND ALWAYS STRIVE FOR QUALITY.
WE ARE KEEN TO LEARN AND REAL TEAM PLAYERS.
WE ARE TRUSTWORTHY AND HONEST PEOPLE WHO ALWAYS DEMONSTRATE
RESPECT AND EMPATHY AND VALUE EACH INDIVIDUAL'S OPINION.**

Contact Us

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DEAR READERS

I am thrilled to share with you TPO's remarkable achievement in 2023 and our plan forward. Despite the ongoing challenges, TPO has successfully completed all projects as planned, thanks to our dedicated staff, partners, and beneficiaries.

The report highlights the key achievements, challenges, and lessons learned from each project. As the world continues to grapple with the aftermath of the COVID-19 pandemic and economic slowdown, mental health and psychosocial issues have become a significant challenge for society. TPO and other players in the mental health field must address this issue and help those in need.

2023 marked the end of the first phase of the ACCESS project. In 2024, we are excited to embark on phase 2, which will extend to the northeastern part of Cambodia, covering Stung Treng and Ratanakiri provinces. As this is a new area, we expect to phase the new challenges such as geographical distance and new culture. However, we will work closely with local authorities and NGO partners to be culturally sensitive to the ethnic minority group in that region.

We are committed to making a difference in the lives of people in need, and we look forward to the new and challenging work ahead. We wish everyone success in their work, family, and society.

Dr. Chhim Sotheara
Executive Director

COMMUNITY MENTAL HEALTH PROGRAM

AUSTRALIA-CAMBODIA COOPERATION FOR EQUITABLE SUSTAINABLE SERVICES2 (ACCESS2)

The Australia-Cambodia Cooperation for Equitable Sustainable Services – Phase II (ACCESS 2) builds upon a decade of Australian support to Cambodia to improve service delivery for survivors of gender-based violence (GBV) and people with disabilities. The investment gives effect to Australia and Cambodia's shared commitment to advancing gender equality, disability, and social inclusion.

ACCESS II focusses on accelerating access to quality and inclusive services with greater reach for people with disabilities and survivors of GBV in Cambodia. The program will support efforts to deepen understanding of the intersectional needs of survivors of GBV and people with disabilities, and to translate this into the delivery of services that responds to their needs. TPO is one of selected implementing partners under the ACCESS 2 for 5 years project, start from 2024-2028. TPO is going to implement key strategies intervention in 3 target provinces (Siem Reap, Kampong Cham and Ratanakiri)

Project Objectives

- The quality of psychosocial service from training, coaching and mentoring provided by local service providers to woman affected by GBV, with and without disabilities is strengthened.
- To increase the numbers of cases referred to difference social support services

Target Province

- Siem Reap
- Kampong Cham
- Ratanakiri

Target District

- Pouk, Kralanh
- Chamkar Leu and Stoeung Trong
- New Selection, Lumphat and Ou YaDav

Funded by



COMMUNITY MENTAL HEALTH PORGRAM

CREATE A PROTECTIVE COMMUNITY FOR WOMEN, GIRLS, MEN AND BOYS (WGMB) THROUGH PREVENTING AND RESPONDING TO GENDER BASED VIOLENCE IN A PRAGMATIC AND GENDER. 2020-2024, 4 YEARS PROJECT

This project is embedded with a holistic approach to the challenge of gender based violence and to promote mental well-being for women , girls, men and boys through partnership with women peace maker organization to establish a protective community for women, girls, men and boys (wgmb) through training to local stakeholders, to increase access for wgmb to mental health service. This project is funded by Johanniter-Unfall-Hilfe e.V.

Project Objectives

- The quality of psychosocial service provided by local service providers to women affected by GBV, is built and strengthened.

Keys Activities

- Initial Training to CRPs and high school teacher/refresher training
- Awareness Raising
- Self-Help Group for women (6groups)
- Self-Help Group for children (7groups)
- Self-Help Group for men (6groups)
- Counseling

Beneficiaries

- 4 trainings, 128p (89F)
- 12 sessions, 1901 community members (1496F, 82PWD)
- 73 p
- 89 p, (58girls)
- 61 p
- 71 cases, (57F)

Funded by



JOHANNITER

COMMUNITY MENTAL HEALTH PROGRAM JUSTICE & RELIEF FOR SURVIVORS OF THE KHMER ROUGE REGIME

Even though, in the context of ECCC, is going to phase out, the positive impact of the project is the increase access for Khmer Rouge Survivors and civil parties' with sufficient psychosocial support to mitigate their suffering and improve their well-being. They are encouraged to process their traumatic experiences with TPO counselors and tell their story to an audience during public truth telling ceremonies or in self-help groups, and intergenerational community-based dialogue (ICBD) where they can connect with other survivors and gain knowledge how to become a resource person in their community. This project is funded by United Nations Voluntary Fund for Victims of Torture (UNVFT) and Deutscher Entwicklungsdienst (GIZ)

Project Objectives

- Memory and reconciliation in dealing with the past is conducted through differentiated public discourse. Various social groups and generations agree on the shared responsibility of society in dealing with Cambodia's past.

Key Achievements

GROUP PREPARATION	• 30 SURVIVORS
SELF HELP GROUP	• 2 GROUPS, 22 MEMBERS (F=13, M=9)
PSYCHIATRIC TREATMENT	• 9 SURVIVORS
PSYCHO-EDUCATION	• 4 SESSIONS, 278P (F=120, M=108)
SURVIVOR SUPPORT NETWORK	• 36P, (F=13, M=23)

Funded by



កិច្ចសហប្រតិបត្តិការ
អាល្លឺម៉ង់

DEUTSCHE ZUSAMMENARBEIT

giz Deutsche Gesellschaft
für Internationale
Zusammenarbeit (GIZ) GmbH

COMMUNITY MENTAL HEALTH PORGRAM OPERATION UNCHAIN

There is a huge lack of understanding of mental health among the publics, community members, as well as health staff. Therefore, patients were not be referred to receive proper services on time. Stigma and discrimination is still a huge problem in the community, therefore it affect patients from recovery as well as from family to disclose the problems and seek help properly.

TPO received grant from UNHCR and will continue to raise funding through the global giving platform.

Project Objectives:

- To improve mental health and eventually free mentally ill patients who have been locked up due to their mental illness or due to the lack of access to appropriate treatment.
- The awareness of mental health among family members and community increases and eventually changes their attitude towards persons with psychosocial disabilities.

Keys Achievements

- The beneficiaries are persons with severe psychosocial disabilities and their family members. During this reporting period.
- 14 new patients (F=4 and M=10) received psychiatric treatment from an experienced psychiatrist
- 134 family and community members. (F=101 and M=33) participated in psycho-education or awareness raising, receiving information about what is mental health, and how to take care of someone living with severe mental health problems, especially those who are locked up, and receiving some message about the alternative to a chained family depending on their risk assessment
- With the awareness-raising session, family members and other community members gain knowledge and information on this project, and community people could identify and refer mentally ill patients with chained to get or access psychological treatment from TPO

Funded by

TPO received grant from UNHCR through global giving platform



UNITED NATIONS
HUMAN RIGHTS
OFFICE OF THE HIGH COMMISSIONER

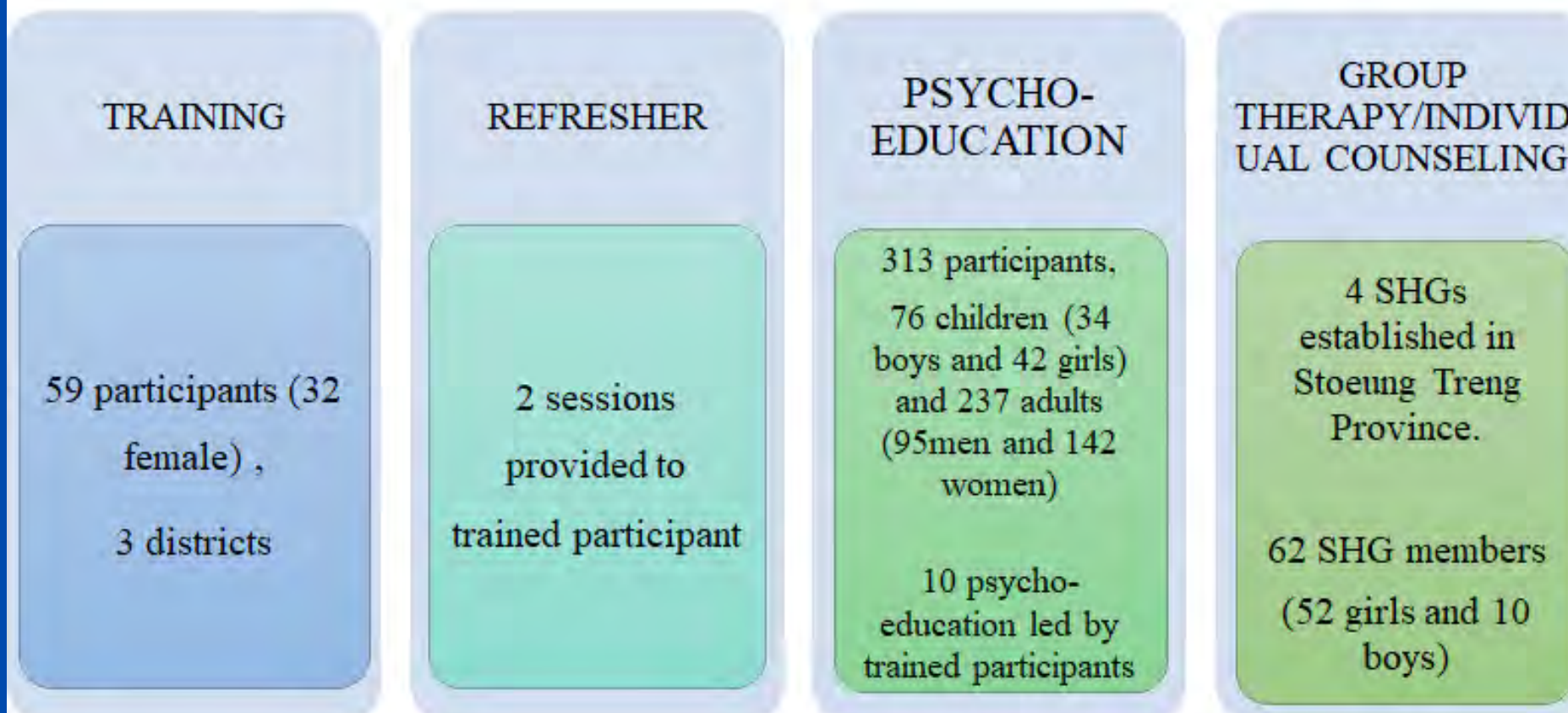
COMMUNITY MENTAL HEALTH PORGRAM PROTECTION PLUS (PLAN INTERNATIONAL CAMBODIA) 2021-2024

ETPO Cambodia is one of the CSO partners with Plan International Cambodia for joint implementation of the five Country Strategic Plan of Protection Plus program's objective that children, adolescents' girls, boys under 18, and youth 18-24 years old especially; survivors of violence live free from violence, abuse, exploitation and neglect, receive quality gender-and age-responsive support. The project will build strong coordination with local service providers who are the key people in their community to provide support to children, youth, boys, adolescent girls, and LGBTIQ aged under 18 and 18-24 years old who are affected by violence, and abuses.

Project Objectives:

- Improve accessibility and provide aged-appropriateness of child protection services for children, adolescent girls, boys and youth LGBTIQ, children left behind whom exposed to violence. As a result, this project would enable target beneficiaries to be free from violence and improve their quality of life.

Keys Achievements



Funded by



COMMUNITY MENTAL HEALTH PROGRAM PARTNERSHIP PROGRAM FOR PROTECTION OF CHILDREN (3PC)

To contribute to the key achievement of the 3PCs program, Girls boys and adolescents at risk of harm or who experienced violence are reached by health, social work, or justice/law enforcement professionals and receive quality and timely child protection services at the sub-national level, TPO has integrated Key interventions as mention bellow:

Project Objectives:

- The program focuses on building and strengthening national and sub-national capacities of child protection systems, and accelerated comprehensive prevention and response child protection efforts.

Keys Achievements

- TPO provided training child safe alliance who are the local authority.
 - 49 participanst (F=29, M=20)
- Throught the case collaboration for children affected by violence,
- Key stakeholder and TPO has identified
 - 24 chidlren (G=12, B=12). 20 cases are experienced of violence and
 - 4 cases reported with sexual violence.
 - 8 cases conferences faciliated by local stakeholders,
- TPO also provided individual counseling to 32 cases (G=13, and B=19). 11 cases have close improved and close the case.
- 4 SHGs has established in this report period (2 Female groups, 24 female and 2 Children groups, 31 children)
- 49 Families received emergency food support.

Funded by



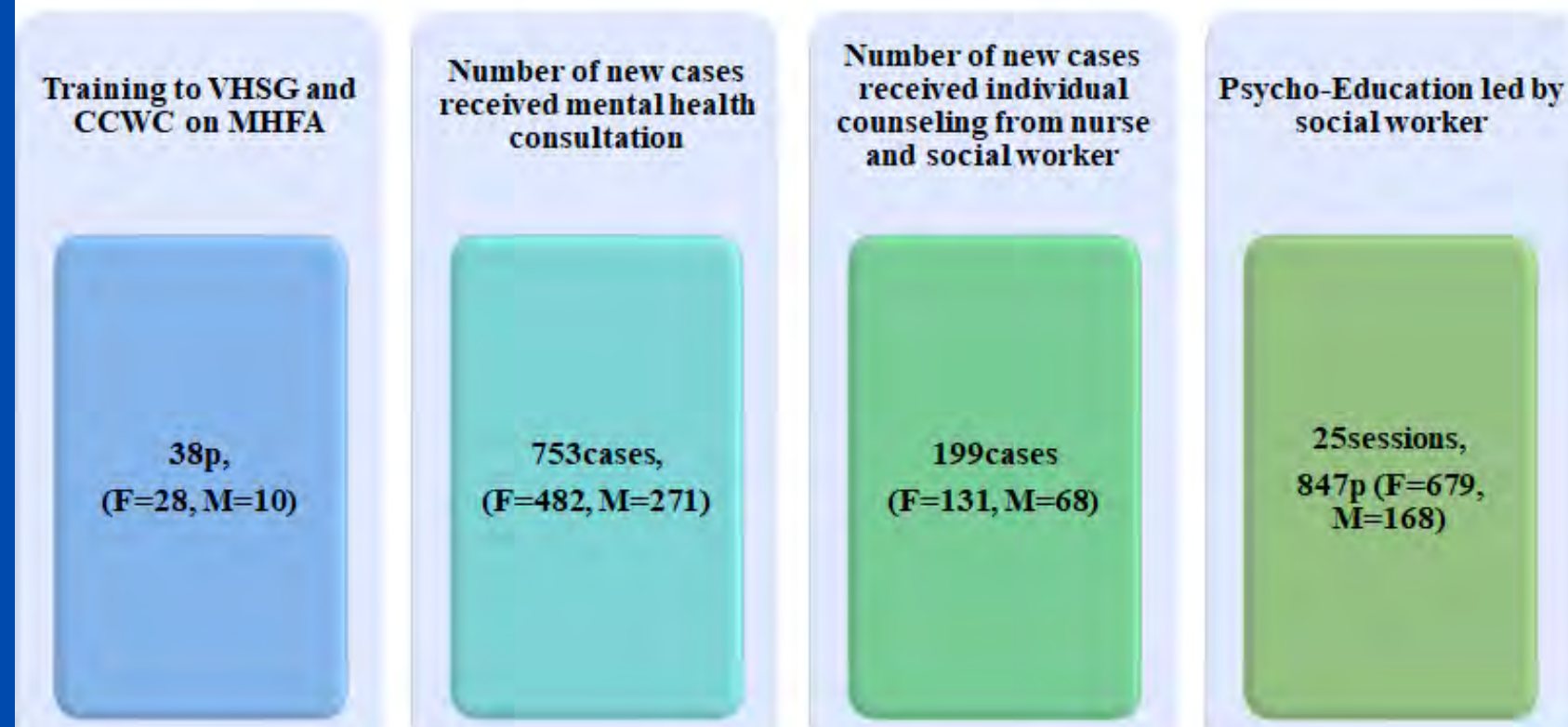
COMMUNITY MENTAL HEALTH PORGRAM STRENGTHENING LOCAL MENTAL HEALTH SYSTEMS

The project aims to increase access for vulnerable groups (women, children and old people) to the highest quality of Comprehensive Non-Communicable Disease services (diabetes, hypertension and mental health) through promotion, prevention, treatment, and rehabilitation, contributing to a long and healthy life. This program is funded by the Belgian university NGO Louvain Cooperation (LD). LD and TPO have been working together since 2008 to strengthen Cambodia's mental health care systems. During the fiscal year 2023, the project has achieved the following:

Project Objectives

- Strengthening the mental health system at Operation District level, develops a network of mental health practitioners, with the inclusion of village health support groups (VHSG), who are able to provide the highest quality of MH services to vulnerable populations and their families in the rural areas of Kampong Cham and Tbong Khmum.

Keys Achievements



Funded by



COVID RESPONSE PROGRAM PSYCHOLOGICAL SUPPORT THROUGH ONLINE SERVICES RELATES COVID19 RESPONSE ON CHILD PROTECTION

While its full impact and long-term fallout is still unclear, there is one thing we do know: the mental health and psychosocial impact of COVID-19 on the lives of children and adolescents and their families will be significant. Almost all the world's children – 2.33 billion – now live in countries that have imposed some form of movement restrictions as a result of COVID-19. When this is combined with the distress of worrying about getting sick or having loved ones become ill or die, noticing their parents' concerns over potentially losing jobs, and increased tensions within households, it can lead to feelings of helplessness and increased vulnerability to poor mental health. TPO Cambodia, the only organization that provide mental health service through hotlines or messaging in our Facebook messenger to ask for help related to their mental distress.

Project Objectives:

Mental health and Psychosocial Support through online platform and hotlines to response during COVID-19 pandemic

Keys Achievements

Activity

- Phone Counseling/Chat messenger
- Case Thoughts of Suicide

Participants

- 1626p, children 27 (Girl15, M477, F1122)
- 81p, children 9 (Girl6, M11, F61)

Funded by

New Zealand Embassy based in Bangkok and 3PC/FI/UNICEF

TPO'S MENTAL HEALTH CLINIC MENTAL HEALTH TREATMENT CENTER

TPO's Treatment Center, funded by the TPO Trust Fund, continued to provide mental health services to a variety of patients from all over Cambodia.

The numbers of new patients in 2023 was 1,349 (291 received counseling and 1,059 received psychiatric treatment), while the total number of consultations continues to be high with 15,771 consultations (761 received counseling and 15,010 received psychiatric consultation) in 2023. Clients received various types of treatment and support from TPO according to their diagnoses.

Project Objectives:

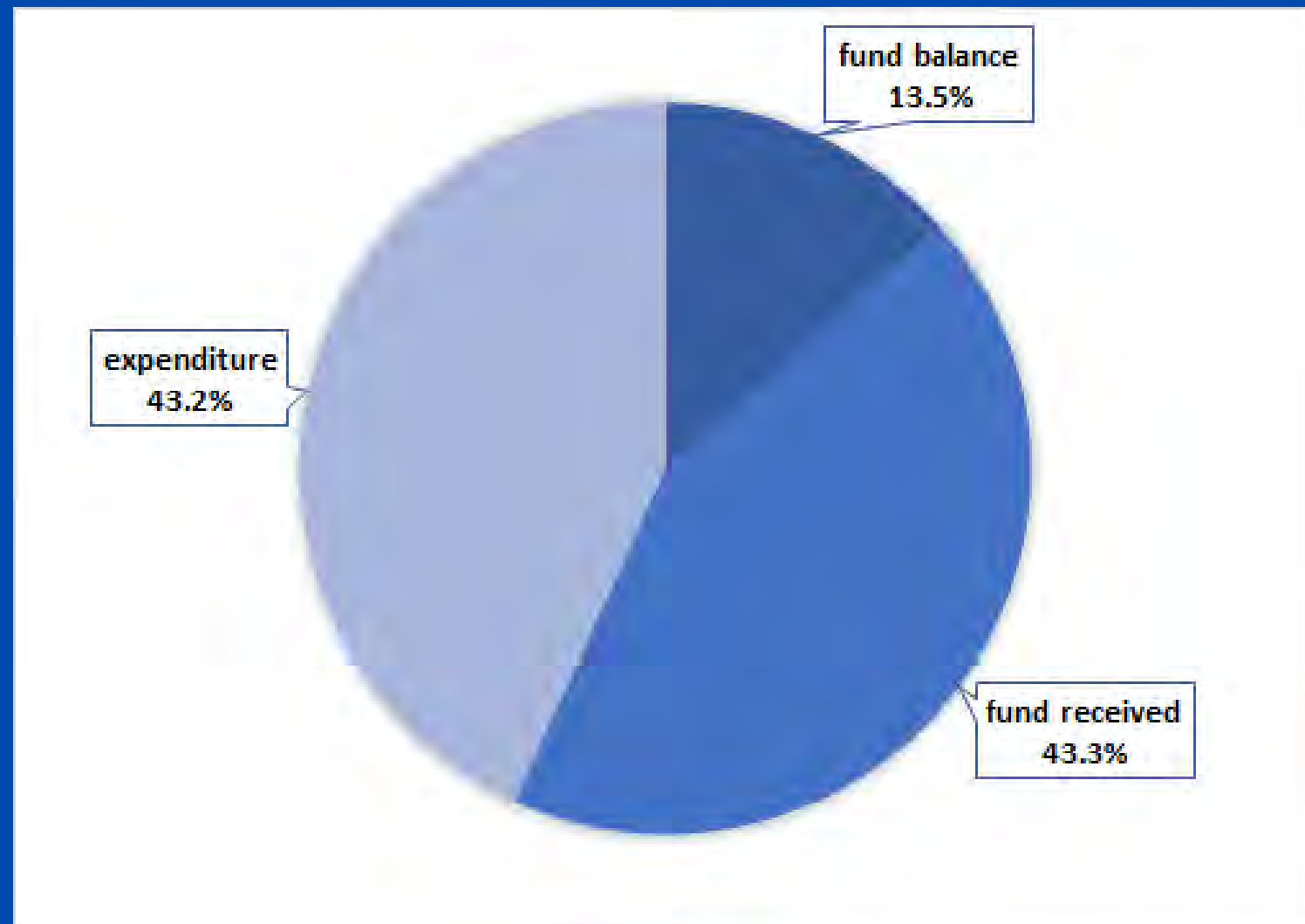
- TPO's Treatment Center aims to generate income for TPO contributing to the organization's long-term sustainability and self-reliance.

Number of New Patients

Patients	Counseling	Psychiatric treatment	Total
number of new patients	291	1,059	1,349
number of consultation	761	15,010	15,771

Financial Statements

Income and Expenditure for the year ended 31st December 2023



DONORS	Fund balance, Beginning of the year 2023 US\$	Fund received, During the year 2023 in US\$	Total Fund Available in 2023 in US\$	Total Expenditure 2023 in US\$	Fund balance in 2023
ACCESS	(1,300)	48,426	47,127	47,127	-
FI	1,026	44,661	45,688	45,051	637
GIZ	1,462	29,413	30,875	28,834	2,041
JUH	3,344	74,710	78,054	78,064	(10)
LD	(756)	47,868	47,112	44,387	2,726
New Zealand fund	5,173	-	5,173	5,173	-
OHCHR	-	23,974	23,974	28,935	(4,961)
OUP	66,038	18,690	84,727	3,627	81,100
Plan International	14,525	68,982	83,507	72,603	10,904
Trust Fund	240,390	663,950	904,340	666,540	237,800
UNFPA	530	12,436	12,966	12,900	66
UNVFVT	-	30,000	30,000	27,650	2,350
Total	330,432	1,063,111	1,393,543	1,060,890	332,653

AWARD 2023



EVENTS OF THE YEAR 2023

Dr. Chhim Sotheara received the Community Leadership Award for his efforts to improve the mental health and wellbeing of Cambodians.

“COMMUNITY LEADERSHIP AWARD”

SPECIAL THANKS TO TPO'S DONOR



JOHANNITER



**Ziviler Friedensdienst
Civil Peace Service**
We don't shy away from conflict.