



**TPO Cambodia**

# **Annual Report 2022**

**Prepared by:**  
TPO Cambodia

**TPO VISION**

CAMBODIAN PEOPLE LIVE WITH GOOD MENTAL HEALTH  
AND ACHIEVE A SATISFACTORY QUALITY OF LIFE.

**TPO MISSION**

TO IMPROVE THE WELL-BEING OF CAMBODIAN PEOPLE WITH PSYCHOSOCIAL AND  
MENTAL HEALTH PROBLEMS, THEREBY INCREASING THEIR ABILITY TO FUNCTION  
EFFECTIVELY WITHIN THEIR WORK, FAMILY AND COMMUNITIES.

**TPO VALUES**

TPO PEOPLE ARE PROFESSIONAL, COMMITTED, AND ALWAYS STRIVE FOR QUALITY.  
WE ARE KEEN TO LEARN AND REAL TEAM PLAYERS.  
WE ARE TRUSTWORTHY AND HONEST PEOPLE WHO ALWAYS DEMONSTRATE  
RESPECT AND EMPATHY AND VALUE EACH INDIVIDUAL'S OPINION.

**TRANSCULTURAL PSYCHOSOCIAL ORGANIZATION (TPO) CAMBODIA**

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## Foreword by The Executive Director

On behalf of The Transcultural Psychosocial Organization, Cambodia (TPO), I have a great pleasure to present the annual report 2022.

Like the previous year, TPO has completed all projects in 2022 according to plan. In addition, TPO has developed its strategic plan from 2023-2028 and was adopted by the Board of Directors, thanks to the efforts from all TPO staff, and the support from partners, and beneficiaries.

The year 2022 was so special for TPO. We are so proud to inform you that our Executive Director, Dr. Sotheara Chhim has received, Ramon Magsaysay Award 2022 from the Ramon Magsaysay Award Foundation (RMAF) in the Philippines, a prestigious award that is called the Asia Nobel Prize. The RMAF board of trustees recognizes his calm courage in surmounting deep trauma to become his people's healer; his transformative work amidst great need and seemingly insurmountable difficulties, and for showing that daily devotion to the best of one's profession can itself be a form of greatness.

The award also recognizes the tireless effort of all TPO as an organization that has been working so hard to heal psychological trauma and promote the mental well-being of Cambodian people for more than 2 decades. The award encourages us to continue our journey as people healers in Cambodia.

We look forward to facing new challenging but exciting work in the coming year 2023. We wish everyone all the best and the success for their work, family and society.



**Dr. Chhim Sotheara**  
**Executive Director**

## Community Mental Health Program

## Australia-Cambodia Cooperation for Equitable Sustainable Services (ACCESS)

### Project Objectives:

*The quality of psychosocial service provided by local service providers to woman affected by GBV, with and without disabilities is strengthened.*

*Women affected by GBV have accessed to other coordinated social services, including crisis information, safe shelter, legal and psychosocial support.*





The Australia-Cambodia Cooperation for Equitable Sustainable Services (ACCESS) continues to support 2 more years from (2021-2023) to improve the sustainability, quality, and inclusiveness of services for persons with disabilities and for women affected by gender-based violence (GBV) in Cambodia.



### Key Achievement:

1.Training to local service provider	Male	Female
Member of CCWC	180	204
2.Women affected by violence received psychological support	Female	
GVB survivor received service from LSP and project staff	422	
N. of GBV survivors referred to Psychiatric treatment at TPO	35	

<div>Community Mental Health Program</div>	<div>Create a protective community for women, girls, men and boys (wgmb) through preventing and responding to gender based violence in a pragmatic and gender. 2020-2024, 4 years project</div>																								
<div><div>Project Objectives:</div><div>The quality of psychosocial service provided by local service providers to women affected by GBV, is built and strengthened.</div></div>	<div><div><div>This project is embedded with a holistic approach to the challenge of gender based violence and to promote mental well-being for women , girls, men and boys through partnership with women peace maker organization to establish a protective community for women, girls, men and boys (wgmb) through training to local stakeholders, to increase access for wgmb to mental health service. This project is funded by Johanniter-Unfall-Hilfe e.V.</div><div></div></div><div><div>Key Achievements:</div><table><tr><th>Key activities</th><th>Male/boy</th><th>Female/Girl</th></tr><tr><td>Assessment</td><td>8</td><td>22</td></tr><tr><td>Training to Community Resource Person</td><td>16</td><td>34</td></tr><tr><td>Refresher Training to Community Resource Person</td><td>23</td><td>76</td></tr><tr><td>Group therapy with children affected by violence</td><td>25</td><td>42</td></tr><tr><td>Group therapy with women and men</td><td>47</td><td>56</td></tr><tr><td>Individual counseling from CRPs</td><td>9</td><td>20</td></tr><tr><td>Conduct Psychoeducation</td><td>154</td><td>513</td></tr></table></div></div>	Key activities	Male/boy	Female/Girl	Assessment	8	22	Training to Community Resource Person	16	34	Refresher Training to Community Resource Person	23	76	Group therapy with children affected by violence	25	42	Group therapy with women and men	47	56	Individual counseling from CRPs	9	20	Conduct Psychoeducation	154	513
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JOHANNITER

## Community Mental Health Program

## Justice & Relief for Survivors of the Khmer Rouge Regime

### Project Objective:

*Memory and reconciliation in dealing with the past is conducted through differentiated public discourse. Various social groups and generations agree on the shared responsibility of society in dealing with Cambodia's past.*



Even though, in the context of ECCC, is going to phase out, the positive impact of the project is the increase access for Khmer Rouge Survivors and civil parties' with sufficient psychosocial support to mitigate their suffering and improve their well-being. They are encouraged to process their traumatic experiences with TPO counselors and tell their story to an audience during public truth telling ceremonies or in self-help groups, and intergenerational community based dialogue (ICBD) where they can connect with other survivors and gain knowledge how to become a resource person in their community. This project is funded by United Nations Voluntary Fund for Victims of Torture (UNVFT) and Deutscher Entwicklungsdienst (GIZ)



### Key Achievements:

Key activities	Total participants
Ground preparation	30
Refreshing Training to teachers and Local authority	39
Self-Care Workshop	42
Self Help Group	18
Conduct intergenerational Community Based dialogues with 3 generations	30
Conduct Testimony Therapy to KR survivors	4
Chronic Pain Management Group with Khmer Rouge torture survivors	9
Livelihood Program	4



## Community Mental Health Program

## OPERATION UNCHAIN

### ***Project Objective:***

***To improve mental health and eventually free mentally ill patients who have been locked up due to their mental illness or due to the lack of access to appropriate treatment.***

***The awareness of mental health among family members and community increases and eventually changes their attitude towards persons with psychosocial disabilities.***

Human rights is a universal right that everyone in the society is entitled to receive equally. Persons with psychosocial disabilities must be able to have the rights to receive mental health service as equally as any other citizens. There is a huge lack of understanding of mental health among the publics, community members, as well as health staff. Therefore, patients were not be referred to receive proper services on time. Stigma and discrimination is still a huge problem in the community, therefore it affect patients from recovery as well as from family to disclose the problems and seek help properly. Extreme poverty in rural area, this would be maintaining factor that make family and patients neglect treatment. Family members may leave patients behind because they need to go to work. Sometimes, families may lock up patients because of the hopelessness of treatment, or they have no time to take care of patients.

In 2022, TPO received a grant from UNHCR and will continue to raise funding through the global giving platform.



### **Key Achievement:**

- 95 clients are unchained/unlocked
- 26 of patients still chained as they are in the treatment process
- 11 patients are dropped or give up for treatment as they are lack of care takers

## Community Mental Health Program

## Protection Plus (Plan International Cambodia) 2021-2024

### Project Objective:

*Improve accessibility and provide aged-appropriateness of child protection services for children, adolescent girls, boys and youth LGBTIQ, children left behind whom exposed to violence. As a result, this project would enable target beneficiaries to be free from violence and improve their quality of life.*

TPO Cambodia is one of the CSO partners with Plan International Cambodia for joint implementation of the five Country Strategic Plan of Protection Plus program's objective that children, adolescents girls, boys under 18, and youth 18-24 years old especially; survivors of violence live free from violence, abuse, exploitation and neglect, receive quality gender-and age-responsive support. The project will build strong coordination with local service providers who are the key people in their community to provide support to children, youth, boys, adolescent girls, and LGBTIQ aged under 18 and 18-24 years old who are affected by violence, and abuses.

The key strategy is to empower local service providers such as VHSGs, CCWCs, and Health center staff to provide quality service to their community members. TPO will also provide training.

1. To community-based service providers and coaching and mentoring to enhance their capacity.
2. To deliver a series of capacity building for Health Centre Staff, District Hospital/Referral Hospital staff/doctors; and doctors at Provincial hospital on clinical Mental Health and Psychosocial Support Services provision/Treatment.

### Key Achievements:

Key activities	Male/boy	Female/Girl
Assessment	28	98
Training to Community Resource Person	94	54
Training to Health Center Staff	29	24
Case Referral from Community Resource Person	113	132
Group therapy with children affected by violence	13	68
Mental Health Consultation from HC staff	343	613
Counseling from HC staff	69	230
Conduct Psychoeducation from CRPs	321	468
Conduct Psychoeducation from HC staff	349	753





## Community Mental Health Program

## Partnership Program for Protection of Children (3PC)

### Project Objective:

*The program focuses on building and strengthening national and sub-national capacities of child protection systems, and accelerated comprehensive prevention and response child protection efforts.*

To contribute to the key achievement of the 3PCs program, Girls boys and adolescents at risk of harm or who experienced violence are reached by health, social work, or justice/law enforcement professionals and receive quality and timely child protection services at the sub-national level, TPO has integrated Key interventions as mention bellow:

- To identify children affected by violence through conducting case collaboration with Child Safe Alliance and Focal Person from District office of Social Welfare
- Be able to provide psychological support to children affected by violence



**Figure 1:Case discussion with relevance stakeholders**

### Key Achievements:

Key activities	Participants
Case Collaboration	16
Training to CCWC	21
Group therapy with children affected by violence	25
Group therapy with women and men	28
Emergency support during Covid Pandemic	170 families
Provide individual counseling referred from other partners	28



## Community Mental Health Program

## Strengthening Local Mental Health Systems

### Project Objective:

*Strengthening the mental health system at Operation District level, develops a network of mental health practitioners, with the inclusion of village health support groups (VHSG), who are able to provide the highest quality of MH services to vulnerable populations and their families in the rural areas of Kampong Cham and Tbong Khmum.*



The project aims to increase access for vulnerable groups (women, children and old people) to the highest quality of Comprehensive Non-Communicable Disease services (diabetes, hypertension and mental health) through promotion, prevention, treatment, and rehabilitation, contributing to a long and healthy life. This program is funded by the Belgian university NGO Louvain Cooperation (LD). LD and TPO have been working together since 2008 to strengthen Cambodia's mental health care systems. During the fiscal year 2022, the project has achieved the following:



Figure 2: Pro-TWGH

### Key Achievements:

Activity	Total	Participants
Continuous Medical Education	16	26 staff from HCs
Number of attendances in Pro-TWGH meetings (Annual) (PQ1)- Annual	19	
Number of new cases received mental health consultation	570	(F=382, M=188)
Number of new cases received individual counseling from Nurse and Social Work	163	(F=110, M=53)
Training to VHSG	113	(F=63, M=50)
Psychoeducation by trained nurse, 745 sessions	745 sessions	2,706 (F=1,911 M=795)

## COVID Response Program

## Psychological Support through online services relates COVID19 response on Child Protection

### Project Objective:

*Mental health and Psychosocial Support through online platform and hotlines to response during COVID-19 pandemic*

*Funding by New Zealand Embassy based in Bangkok and 3PC/FI/UNICEF*

While its full impact and long-term fallout is still unclear, there is one thing we do know: the mental health and psychosocial impact of COVID-19 on the lives of children and adolescents and their families will be significant. Almost all the world's children – 2.33 billion – now live in countries that have imposed some form of movement restrictions as a result of COVID-19. When this is combined with the distress of worrying about getting sick or having loved ones become ill or die, noticing their parents' concerns over potentially losing jobs, and increased tensions within households, it can lead to feelings of helplessness and increased vulnerability to poor mental health. TPO Cambodia, the only organization that provide mental health service through hotlines or messaging in our Facebook messenger to ask for help related to their mental distress.



### Key Achievements:

Activity	Total	Children	Men	Women
Phone Counseling / Chat messengers	2,130	47 (G=29)	774	1,309
Case thought of suicide	101	(G=3)	24	74
Psycho-education by trained CCWC	2,263	(G=192,B=156)	611	1,304

## TPO's Mental Health Clinic

### Mental Health Treatment Center

#### *Objective:*

*TPO's Treatment Center aims to generate income for TPO contributing to the organization's long-term sustainability and self-reliance.*

TPO's Treatment Center, funded by the TPO Trust Fund, continued to provide mental health services to a variety of patients from all over Cambodia.

The numbers of new patients in 2022 was 1,503 (148 received counseling and 1,355 received psychiatric treatment), while the total number of consultations continues to be high with 13,833 consultations (3,950 received counseling and 13,833 received psychiatric consultation) in 2022. Clients received various types of treatment and support from TPO according to their diagnoses.

#### Number of New Patients:

	Counseling	Psychiatric Treatment	Total
# of New Patients	148	1,355	1,503
# of Consultation	3,950	13,833	17,783





## Financial Statements

### Income and Expenditure for the year ended 31st December 2022

Fund balance, Beginning of the year 2022	US\$ 214,334.00
Fund received, During the year 2022	US\$ 1,397,064.32
Total fund available in 2022	US\$ 1,611,398.32

DONORS	Fund balance, Beginning of the year 2022 (in US\$)	Fund received, During the year 2022 (in US\$)	Total Fund Available in 2022 (in US\$)	Total Expenditure 2022 (in US\$)	Fund Balance 2022 (in US\$)
ACCESS	2,309	109,634.23	111,943.23	113,242.73	-1,299.50
CARE	0.00	8,841.00	8,841.00	8,841.00	0.00
FI	420	133,075.19	133,495.19	132,468.80	1,026.39
GIZ-KRT	-8,361	43,971.77	35,610.77	34,148.47	1,462.30
JUH	2,239	99,745.94	101,984.94	98,641.31	3,343.63
LD	7,489	29,429.07	36,918.07	37,674.37	-756.30
NewZealand	0.00	16,212.50	16,212.50	11,040.00	5,172.50
OUP	36,075	42,124.68	78,199.68	12,161.91	66,037.77
Plan International	5,767	131,179.91	136,946.91	122,422.08	14,524.83
Trust Fund	168,396	721,647.23	890,043.23	649,653.46	240,389.77
UNFPA	0.00	31,202.80	31,202.80	30,672.37	530.43
UNV	0.00	30,000.00	30,000.00	30,000.00	0.00
<b>Total</b>	<b>214,334</b>	<b>1,397,064.32</b>	<b>1,611,398.32</b>	<b>1,280,966.50</b>	<b>330,431.82</b>

## AWARD 2022

## Events of the year 2022

**2022 Ramon Magsaysay Awardee SOTHEARA CHHIM and his TPO Cambodia team are addressing their country's mental and psychosocial needs.**

**Theme of the Year "The Greatness of Spirits beyond border"**

By August 31th, the official announcement of the 2022 Ramon Mag Saysay Awardees. On September 5th 2022, H.E. Maria A. Aquino, The Ambassador of the Republic of the Philippines to Cambodia visited TPO to personally congratulate to Dr. CHHIM for receiving the Ramon Magsaysay Award 2022.



By Nov 30th 2022, TPO Cambodia has a great honor to inform that our Executive Director, Dr Sotheara Chhim has received, Ramon Magsaysay Award 2022 or Asia Nobel Prize. The theme this year is "The Greatness of Spirits beyond border". Dr. Chhim Sotheara, known as the "People's Healer", was awarded the 64th Ramon Magsaysay Awards 2022 in the Philippines for his work as a mental health advocate in Cambodia,



## Special Thanks to TPO's donor

